

## SOCIAL GROUPS for Outaouais Seniors

### **Association des Bénévoles de la Lièvre**

390 Avenue de Buckingham  
Gatineau (Buckingham), QC J8L 2G7  
Tel: 819.281.4343; Fax: 819.281.4343

### **Aylmer Friendship Club**

Maurice Leon  
101 Symmes  
Gatineau (Aylmer), QC J9H 3K6  
Tel: 819.682.5476

### **Bristol Golden Age Club**

Norma Bert  
Shawville, QC  
Tel: 819.458-2522

### **Cercle de Fermières de Gatineau**

Denise Charron  
16 Bérubé  
Gatineau, QC J8P 6N2  
Tel: 819.663.9891

### **Chapeau Young at Heart Club**

Ron Price  
R.R.#1  
Chapeau, QC J0X 1M0  
Tel: 819.467.2820; Fax: 819.689.2208

### **Club du Bel Age**

Roxanne Harkins  
175 Mont-Bleu Blvd. , APT 802  
Gatineau (Hull), QC J8Z 1K8  
Tel: 819.771.8862

### **Club de la Gaité**

Aline Périard  
97 Howard Street  
Thurso, QC J0X 3B0  
Tel: 819.985.2148

### **Club du Sourire**

Claire Jobin  
229 Riel Boulevard  
Gatineau (Hull), QC J8Y 5Y9  
Tel: 819.771.9326

### **Club D'Age d'Or Les Joyeux Vivants**

Jean-Charles Lafrenière  
137 St. Joseph, P.O. Box 384  
Gracefield, QC J0X 1W0  
Tel: 819.463.3451

### **Club D'Age d'Or du Lac Ste-Marie**

Carmen Sage  
10 du Centre Street, P.O. Box 29  
Lac Ste-Marie, QC J0X 1Z0  
Tel: 819.467.5454

### **Corporation des Aînés de la Cabane**

Jean-Yves Ouellet  
331 Cité des Jeunes  
Gatineau (Hull), QC J8Y 6T3  
Tel: 819.776.6015

### **Co-orporation de l'Age d'Or**

115 Principale Street  
Gatineau (Aylmer), QC J9H 3M2  
Tel: 819.682.1538

### **Danford Lake Golden Age Club**

Birdle Peck  
49 Harrison Road  
Danford Lake, QC J0X 1P0  
Tel: 819.467.5335

### **Femmes D'Action WGN**

Yolande Ethier  
28 Bertrant Road  
Gracefield, QC J0X 1W0  
Tel: 819.463.1002

**Filles d'Isabelle**

Denise Rochon  
P.O. Box 242  
Gracefield, QC J0X 1W0  
Tel: 819.467.2169

**Friendship Club**

Ora Lamb  
93 Howard Street  
Thurso, QC J0X 3B0  
Tel: 819.985.2559

**Friendship Club of Gatineau**

Maurice W. Lambert  
300 Murray Street  
Gatineau, QC J8P 4Z4  
Tel: 663.7966  
Mailing address :  
177 Hillview  
Gatineau, QC J8P 2L7

**Low Friendship Club Bamagilla**

Linda Charron  
MacDonald Road, R.R.#1  
Low, QC J0X 2C0  
Tel: 819.422.3537

**Quyón and District Senior Citizens Club**

Clarence Leach  
885 Clarendon Street  
Quyón, QC J0X 2V0  
Tel: 819.458.2834

**Senior Citizen's Club, Saint Mathieu**

Marcel Denis  
63 rue des Flandres  
Gatineau, QC J8T 4S1  
Tel: 819.568.6595