MINI-MEMORY QUIZ

	OFTEN	SOME- TIMES	NEVER
1. I can concentrate for a long time on intellectual activities (e.g. crosswords, reading)	2	1	0
2. I remember the names of people who are introduced to me.	2	1	0
3. I can remember the names of famous people.	2	1	0
4. I can get around my neighbourhood.	2	1	0
5. When I go shopping I remember the things I want buy.	2	1	0
6. I can remember important telephone numbers.	2	1	0
7. I remember my appointments.	2	1	0
8. I know the date.	2	1	0
9. I remember birthdays and anniversaries.	2	1	0
10. I can find the right word when I'm talking.	2	1	0
11. I remember to take my medication.	2	1	0
12. I can recall the codes that are important (e.g. bankcard).	2	1	0
13. I can recall new information such as a book title or the name of a medication.	2	1	0
14. I remember important messages and to remind other people about them.	2	1	0
15. I can find things where I put them (e.g. keys, glasses).	2	1	0
Total each column then, add the 3 columns together			