Coronavirus (COVID-19)

Protect yourself and others

Do you have a fever, cough, or difficulty breathing?

Call 1-877-644-4545 toll free. You'll be transferred to a nurse at Info-Santé 811.

If the Info-Santé nurse finds a risk of coronavirus COVID-19 infection.



- You may be referred to a healthcare facility or designated clinic.
- You will be told how to get there and what precautions to take, such as:
 - Avoiding public transit;
 - Notifying the receptionist as soon as you arrive.
- It is important to follow all of the recommendations and precautions you are given.

If the Info-Santé nurse rules out coronavirus COVID-19 as the cause.



- Continue to monitor your symptoms.
- Take preventive measures to prevent infections, including hygiene measures.



When you get there:

- Precautions will be taken to prevent infections from spreading.
- You will be examined and tested to find out what the infection is.
- You will receive appropriate treatment for your condition.
- You will receive instructions if you need to self-isolate at home. Please follow them closely.



Québec.ca/coronavirus



Always

Apply proper hygiene and prevention measures to prevent infections from spreading.

- Wash your hands often.
- Cough or sneeze into your elbow instead of your hand.
- Keep your environment clean.
- Don't visit people in hospitals or in long-term care facilities for 14 days after your return from another country or if you're sick.
- Avoid physical contact, such as shaking hands. Use alternative forms of greeting instead.



