**Coronavirus (COVID-19)**  
*Protect yourself and others*

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**Do you have a fever, cough, or difficulty breathing?**

- Call 1-877-644-4545 toll free.  
  You’ll be transferred to a nurse at Info-Santé 811.

**If the Info-Santé nurse finds a risk of coronavirus COVID-19 infection.**

- You may be referred to a healthcare facility or designated clinic.  
- You will be told how to get there and what precautions to take, such as:  
  - Avoiding public transit;  
  - Notifying the receptionist as soon as you arrive.  
- It is important to follow all of the recommendations and precautions you are given.

**When you get there:**

- Precautions will be taken to prevent infections from spreading.  
- You will be examined and tested to find out what the infection is.

**If the Info-Santé nurse rules out coronavirus COVID-19 as the cause.**

- Continue to monitor your symptoms.  
- Take preventive measures to prevent infections, including hygiene measures.

**Always**

Apply proper hygiene and prevention measures to prevent infections from spreading.

- Wash your hands often.  
- Cough or sneeze into your elbow instead of your hand.  
- Keep your environment clean.  
- Don’t visit people in hospitals or in long-term care facilities for 14 days after your return from another country or if you’re sick.  
- Avoid physical contact, such as shaking hands. Use alternative forms of greeting instead.

**For more information:**

Québec.ca/coronavirus

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