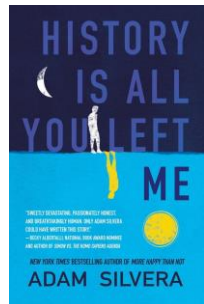
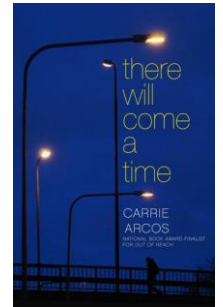


Books to Share with your Teen About Grief and Loss

When a close friend or family member dies, it can be difficult for teens to express their feelings. The following list of books engage the ideas of death and dying, family and friends, how losing a loved one fundamentally changes the lives of those left behind, and the subsequent adjustment to living following the death of a loved one. These books are a great way to spark conversation with your teen and help them make sense of their grief and loss and the complex emotions they're feeling.

There Will Come a Time by *Carrie ArcosLee*

Mark grapples with the loss of his twin sister in this heart-wrenching novel of grief and resilience from National Book Award finalist Carrie Arcos. Ever since the accident that killed his twin sister, Grace, the only time Mark feels at peace is when he visits the bridge where she died. Comfort is fleeting, but it's almost within reach when he's standing on the wrong side of the suicide bars. In this honest and contemplative first-person narrative, Mark tries to figure out how to function again in a world that no longer includes his other half.

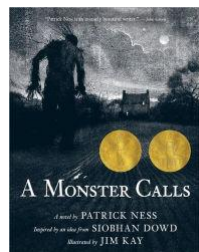


History is All You Left Me by *Adam Silvera*

Griffin is a teen who is going through the trauma of losing his best friend and former boyfriend, Theo, in a drowning accident. Griffin tries to move on with his life when things get even more complicated when he meets Jackson, Theo's boyfriend at the time of his death. Jackson is the only person who truly understands Griffin's heartache, but no one can relate to Griffin's constant struggle not to lose himself to his compulsions and destructive choices. If Griffin is ever to rebuild his future, he must first confront his history — every last heartbreaking piece in the puzzle of his life.

The Thing About Jellyfish by *Ali Benjamin*

This book is written from the perspective of a 12-year-old grappling with the drowning of a friend and finding reconciliation. After her best friend dies in a drowning accident, Suzy is convinced that the true cause of the tragedy was a rare jellyfish sting. Retreating into a silent world of imagination, she crafts a plan to prove her theory—even if it means traveling the globe, alone. Suzy's achingly heartfelt journey explores life, death, the astonishing wonder of the universe...and the potential for love and hope right next door.



A Monster Calls by *Patrick Ness*

A Carnegie Medal-winning masterwork, Patrick Ness has spun a haunting and darkly funny novel of mischief, loss, and monsters both real and imagined. The monster in Conor's backyard is not the one he's been expecting — the one from the nightmare he's had every night since his mother started her treatments. This monster is ancient. And wild. And it wants something from Conor. Something terrible and dangerous. It wants the truth.

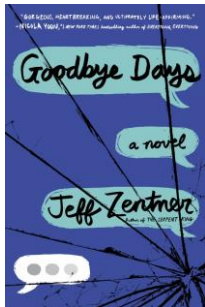
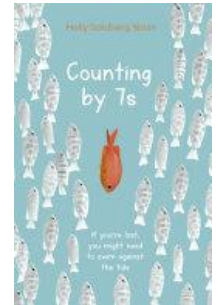


We Are Okay by *Nina LaCour*

When Marin's grandfather died, she left with only her phone, her wallet and a picture of her mother. And she hasn't spoken to anyone from her old life since the day she left everything behind. No one knows the truth about those final weeks — not even her best friend, Mabel. But even thousands of miles away from the California coast, at college in New York, Marin still feels the pull of the life and tragedy she's tried to outrun. Now, months later, alone in an emptied dorm for winter break, Marin waits. Mabel is coming to visit, and Marin will be forced to face everything that's been left unsaid and finally confront the loneliness that has made a home in her heart.

Counting by 7s by *Holly Goldberg Sloan Bonnier*

COUNTING BY 7S tells the story of Willow Chance, a twelve-year-old genius who is obsessed with diagnosing medical conditions and finds comfort in counting by 7s. It has never been easy for her to connect with anyone other than her adoptive parents, but that hasn't kept her from leading a quietly happy life . . . until now. Suddenly Willow's world is tragically changed when her parents both die in a car crash, leaving her alone in a baffling world. Her journey to find a fascinatingly diverse and fully believable surrogate family is a joy and a revelation to read.



Goodbye Days by *Jeff Zentner*

This novel follows the grieving process of Carver Briggs, who sent a text message that may have caused the car accident that killed his three best friends. Now Carver can't stop blaming himself for the accident and even worse, there could be a criminal investigation into the deaths. Then Blake's grandmother asks Carver to remember her grandson with a 'goodbye day' together. Carver starts to help the families of his lost friends grieve with their own memorial days, along with Eli's bereaved girlfriend, Jesmyn. But not everyone is willing to forgive. Carver's own despair and guilt threatens to pull him under into panic and anxiety as he faces punishment for his terrible mistake.

Because Of The Sun by *Jenny Torres Sanchez*

When Dani Falls' mother is killed in a sudden and violent manner, Dani goes numb. Her life is thrown into further turmoil when she is sent to New Mexico to live with an aunt she never knew she had. The awkwardness between them is palpable. To escape, Dani takes long walks in the merciless heat. One day, she meets Paulo, who understands how much Dani is hurting. Although she is hesitant at first, a mutual trust and affection develop between Dani and Paulo, and Dani begins to heal. And as she and her aunt begin to connect, Dani learns about her mother's past. Forgiving isn't easy, but maybe it's the only way to move forward.

