

# Banana-Pineapple-Lemon

## Greek Frozen

### Yogurt Bark

**Active:** 15 mins

**Total:** 3 hrs 15 mins

**Servings:** 16



**Cost:** 1.44\$

A thin layer of honey-sweetened Greek yogurt is topped with fresh banana, pineapple, and a hint of lemon juice before being frozen and sliced into pieces for a refreshing snack or nutritious dessert that both kids and adults will enjoy.

#### Ingredients

3 cups plain  
Greek yogurt (2%)  
¼ cup honey  
  
½ lemon juice  
  
¼ tsp vanilla extract  
  
½ cup pineapple (diced)  
  
1 banana (sliced)

#### Directions

Line a large, rimmed baking sheet with parchment paper.

Stir yogurt, honey, lemon juice and vanilla extract together in a medium bowl. Spread on the prepared baking sheet into a 10-by-15-inch rectangle. Combine pineapple, banana, and lemon juice and scatter on the top.

Freeze until firm, at least 3 hours. To serve, cut or break into 32 pies.

#### To make ahead

Freeze airtight between sheets of parchment for up to 1 month; let stand at room temperature for 15 minutes before serving.

#### Equipment

Medium mixing bowl, spatula, parchment paper, backing sheet tray (10x15 inch)

**Serving size:** 2 pieces

#### Nutritional Facts

**Per Serving:** 69 calories; fat 3g; cholesterol 3mg; sodium 17mg; carbohydrates 8g; dietary fiber 2g; protein 5g; sugars 6g; saturated fat 1g; vitamin A iu 11IU; potassium 89mg.

